



Grab & Go

Mondays & Tuesdays



Fresh Fruit Cup \$8

Prickly Pear Yogurt Parfait \$12

honey almond granola, berries, greek yogurt

Garden Salad \$10

garden greens, baby tomatoes, cucumber, onion,
parmesan cheese, herbed croutons,
ranch or vinaigrette dressing

Cesar Salad \$10

garden greens, shaved parmesan, herbed croutons
creamy ceasar dressing
Add grilled chicken \$5

Triple Decker Turkey Club Sandwich \$14

smoked turkey breast, bacon, lettuce, tomato
wheat bread

Grilled Veggie Wrap \$12

zucchini, squash, onion, tomato, lettuce, garbanzo beans,
roasted red pepper hummus, spinach tortilla